

PERCEPTION of CHARACTER QUALITIES (PCQ)

Participant Initials: _____

STEP 1

Read through each of the following character descriptions. Circle 0 or 1 if this is hardly ever true of you, 2 or 3 if it is true some of the time, and 4 or 5 if it is true most of the time. Enter result in STEP 3.

- A. I have deep compassion and genuine concern for the well-being of others. 0 1 2 3 4 5
- B. I feel a sense of purpose and contentment regardless of the circumstances. 0 1 2 3 4 5
- C. I am free of anxiety and worry and am at peace with others around me. 0 1 2 3 4 5
- D. I am patient and tolerant of the faults and shortcomings of others. 0 1 2 3 4 5
- E. I am kind and encouraging and will go out of my way to do things for others. 0 1 2 3 4 5
- F. I live by high morals and ethics and seek to do what is good and right. 0 1 2 3 4 5
- G. I am committed and trustworthy, always doing what I say I am going to do. 0 1 2 3 4 5
- H. I am sensitive, considerate, and gentle in my dealings with other people. 0 1 2 3 4 5
- I. I am highly disciplined and in control of my thoughts, feelings, and behavior. 0 1 2 3 4 5

STEP 2

Below, read each pair of character descriptions (from STEP 1) represented by their letters. Circle the letter of the description which is **most** true of you for each of the pairs. Only one letter will be circled in each box.

A—B	B—C	C—D	D—E	E—F	F—G	G—H	H—I	I—A
A—C	B—D	C—E	D—F	E—G	F—H	G—I	H—A	I—B
A—D	B—E	C—F	D—G	E—H	F—I	G—A	H—B	I—C
A—E	B—F	C—G	D—H	E—I	F—A	G—B	H—C	I—D

STEP 3

Transfer numbers from STEP 1 into Row 1 below. In Row 2 under each letter, put the total number of times that a letter was circled in STEP 2 above. Row 2 sum of A through I will be 36. Finally, add Row 1 and Row 2.

	A	B	C	D	E	F	G	H	I
Row 1: Totals from STEP 1									
Row 2: Number from STEP 2									
Row 3: Add Row 1 + Row 2									

STEP 4

Below, circle the results from Row 3 above beside each letter/quality. The lower section represents weaker expressions of the identified quality. The upper numbers represents stronger expressions of the quality.

	QUALITIES	WEAKER	MODERATE	STRONGER	
A	Love	0 1 2 3 4	5 6 7 8 9	9 10 11 12 13	A
B	Joy	0 1 2 3 4	5 6 7 8 9	9 10 11 12 13	B
C	Peace	0 1 2 3 4	5 6 7 8 9	9 10 11 12 13	C
D	Patience	0 1 2 3 4	5 6 7 8 9	9 10 11 12 13	D
E	Kindness	0 1 2 3 4	5 6 7 8 9	9 10 11 12 13	E
F	Goodness	0 1 2 3 4	5 6 7 8 9	9 10 11 12 13	F
G	Faithfulness	0 1 2 3 4	5 6 7 8 9	9 10 11 12 13	G
H	Gentleness	0 1 2 3 4	5 6 7 8 9	9 10 11 12 13	H
I	Self-Control	0 1 2 3 4	5 6 7 8 9	9 10 11 12 13	I